**Year Pre-school My Amazing Body**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 1 <https://www.youtube.com/watch?v=d3LPrhI0v-w>  Communication and language and Personal, Social and Emotional Development.  2  Listen to the book Ten little fingers, ten little toes  Talk to your child about similarities and differences of the children.  Can they recognise similarities and differences in themselves and family members?  3  Play Simon says focusing on different parts of their body,  Then swap, encouraging your child to say Simon says instructions.  Adult support  Make your child some salt dough bones in different sizes using salt dough recipe found online. Bake in oven until hard.  These can be used for the next two weeks for counting etc. | 1  <https://www.youtube.com/watch?v=5MBEyQIlrfo>  Literacy  2  Show your child the jolly phonics online.  Show your child the letters S, work on recognising and writing the sound.  If your child is unable to form the letter work on their larger formation to begin with, focussing on pencil control and holding a pencil.  Work on their name writing. You Can use flour, rice playdough or anything that your child enjoys using to make marks.  3  Use the bones that you have made to try and create a skeleton. | 1  <https://www.youtube.com/watch?v=xbVr38Bhe7E>  Understanding the world  2  Show your child a skeleton and ask them if they know what it is.  Explain to them that when they push on their skin and feel something hard it is their bones, just like in a skeleton.  Talk about what our bones might help us to do, let your child lead the discussion.  If you have made the bones  Encourage your child to measure their feet, hands, toes etc against the bones, talking about the different sizes.  3  If you have a torch(you can use the one on your phone) then place in a dark place in your house and encourage your child to place their hand over the torch, encourage them to talk about what they see. | 1  <https://www.youtube.com/watch?v=N7CX0_7sLTA>  Maths  2  <https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmnd> their  listen to some counting songs, children then talk about how many fingers/ toes they have.  Child to draw around hands and count how many fingers they have.  3  Help your child to copy over numbers or copy numbers. To develop their understanding ask your child to draw the correct quantity next to the number. | 1  <https://www.youtube.com/watch?v=EXt2jLRlaf8>  Expressive Art and design  2  <https://www.abcya.com/games/make_a_face>  encourage your child to make a face using the computer programme above.  If you can’t get on this, encourage your child to draw a picture of themselves.  Encourage them to think about their eye colour, hair colour etc.  3.  <https://www.youtube.com/watch?v=Pbl4BNkAq_U>  encourage your child to listen to the song above and copy the movements. |