Our Lady and Saint Edwards Catholic Primary School Physical Education Long Term Plan

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS | Fundamental Skills | Fundamental Skills | Gymnastics | Gymnastics | Dance | Fundamental Skills |
| Year 1 | Fundamental Skills  (Through Active Maths) | Dance | Gymnastics | Games | Games | Athletics |
| Year 2 | Games | Dance | Gymnastics | Games | Games (Health and Fitness) | Athletics |
| Year 3 | Sending and Receiving – Tag Rugby | Dance | Gymnastics | Linking Actions – Basketball | Sending and Receiving – Tennis | Athletics |
| Year 4 | Linking Actions – Football | Dance | Gymnastics | OAA – Outdoor Adventurous Activities | Sending and Receiving – Rounders | Athletics |
| Year 5 | Creating and Closing Space – Tag Rugby | Dance | Gymnastics | Tactics and Strategies – Basketball | Linking Actions – Cricket | Athletics |
| Year 6 | Linking Actions – Football | Dance | Gymnastics | OAA – Outdoor Adventurous Activities | Linking Actions – Tennis | Athletics |