**Year Pre-school The Very Hungry Caterpillar**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Joe Wicks  Phonics and Physical Development  1  Rhyming pairs In a pairs game, use pictures or objects with names that rhyme.  If you don't have any rhyming cards you could draw them or just find objects or toys that rhyme.  Here are a few simple ones: mug,rug,bug,jug,slug  cat,bat,rat,hat  ham, jam, lamb  hen,pen,ten  dog,frog,log  Take it in turns to turn two cards over and keep them if the pictures are a rhyming pair. If they are not a rhyming pair, the cards are turned face down again and the other person has a turn.  If playing with objects, split the rhyming objects. Place one of each of the rhyming objects outside the box and the other objects inside the box. Pull one object out at a time and match it to the objects outside of the box. Again take it in turns to match the objects. The person with the most pairs at the end wins.  Start with a small core set of words that can then be extended. The children need to be familiar with the rhyming word families before they can use them in a game – spend time looking at the pictures/objects and talking about the pairs.  2  Cutting activities. All our children need lots of practice with cutting as it is a very hard skill to master.  Encourage your child to work on their cutting skills, focusing on how they hold their scissors and what hand they hold their scissors in.  <https://www.youtube.com/watch?v=bDtupoBsp6o>  Above just a simple video to help your child learn how to hold scissors properly and cut.  Different resources you can use to help with their cutting skills is playdough, straws, paper, bread and card.  3  Hide and seek game  Promotes listening and attention and language skills and prepositional language, e.g. on top of, underneath, next to and behind.  Use some of your child’s favourite toys and hide them around the room before your child comes in.  Encourage your child to find the toys, following your instructions e.g. it is underneath something blue. Once they have found all the toys re-set the game focusing on the prepositions they found the hardest.  Allow your child to then hide them and encourage them to use the prepositional language to explain where the toys are.  You could incorporate some rhyming in here too if you are able by placing items that rhyme by each other, e.g. a mug on a rug, a hat on a mat etc.  4  Well being activity  If you haven’t already, pick up a baking set from our pop up pantry open from 10-11 am and enjoy doing some baking. | Cosmic Kids Yoga  The Very Hungry Caterpillar  <https://www.youtube.com/watch?v=xhWDiQRrC1Y>  Literacy and Communication and Language  1  Listen to the story of The Very Hungry Caterpillar (this will be read by Mrs McLaren and video uploaded to Tapestry and the Website.  Focus on the p sound, can they have a try at writing the sound p?  What food did the caterpillar eat that began with p?  What other food can they think of that begins with p, make a list together.  2  Now that you have thought about food that begins with p in the story, can you think about your favourite food? Mrs McLaren’s favourite food is pizza, what sound does that begin with?  Can you draw your favourite food and write the initial sound next to it?  Children may need help to write the initial sound so if you could write in yellow, or a lighter colour and the child copy over the letter that would be great.  They can also use the letter board we have sent home to find and recognise the initial sound and have a practice writing over those letters.  3  Fine motor control  If you have playdough could you make some small balls of playdough?  Then, using your tweezers or kitchen tongs, try to pick up the balls of playdough and place them down next to each other to make a caterpillar. Find something to use as antenna and eyes and legs.  Can you make a big face and mouth for your caterpillar?  The caterpillar is hungry, do you think you could make some food for him and feed him with your tweezers/tongs?  4  Well being task  Start to create your very own memory box, capturing your time at home with your family.  The first thing you need to do today is find a box and start to decorate it.  Each day we will add something to the box. | Joe Wicks  Understanding the World  1  Today we will be looking at the change in the caterpillar and then the changes we can see in ourselves  First of all, look at the pictures of the caterpillar throughout the story.  What did he start as? What did he grow in to? What did he do throughout the story to grow into a butterfly?  Show the different parts of the lifecycle of a caterpillar.  Why and how do they think that has happened  If you are able to, can you show pictures of yourself as a baby, child, teenager, if not is there anyone else in the family that you could show their growth and change through pictures?  2  Look at the way they have changed by looking at their baby pictures.  What changes can they notice?  Do a hand print using paint or draw around their hand and then do the same to yours. What do they notice about the two?  Do they think they will grow as big as their parent or stay as they are?  What will help them to grow?  Can they draw a picture of themselves as a baby and then a picture of themselves now?  3.  Now that you have seen what you looked like as a baby and what your family looked like, we now need to think about the caterpillar and what they would grow into.  Do you think you could make me a lifecycle of a caterpillar?  You can be as creative as you want. You can draw it, paint it, build it or make it.  I would like to see an egg, a very small caterpillar, a fully grown caterpillar, a cocoon or chrysalis and a butterfly.  I can’t wait to see all your creations.  4. If you would like to have a go at making an exploratory tray, you could use cucumber, tomatoes and raisins to create a caterpillar, go on the hunt for some leaves and twigs and make a habitat for your caterpillar to live in.  5  Write your name and measure yourself with a piece of string, cut the string and tie it ina bow with your name and the date on. Then place it in your memory box. | Cosmic Kids  <https://www.youtube.com/watch?v=uyj5LooYWyg>  Maths  1  Today we will be thinking about the days of the week.  Listen to the days of the week song and see if you can recognise any of them.  <https://www.youtube.com/watch?v=3tx0rvuXIRg>  2  Now we are going to think about the different food the caterpillar at on each day of the week.  If you are able to draw the different fruits and make labels for the days of the week, encourage your child to place the food in the correct order, on the correct day. Focus on Monday –Friday thinking about the amounts.  1 apple  2 pears  3 plums  4 strawberries  5 oranges  3.  Once you have ordered them correctly have a try at writing out your numbers 1-5.  The number rhymes I posted on Tapestry will help with this.  If you are able, draw the correct amount of fruits with each number, can just be coloured circles or dots or lines.  4.  If you still have the exploratory tray out,from yesterday or would like to make one, ask your child to make a caterpillar using 3 pieces of cucumber/paper whatever you have then ask them to pick a number card and make a caterpillar using the correct amount of circles that correlates to the card.  5  Well being activity  Draw a picture of you and your family and place it in the memory box. Make sure you ask what colour eyes and hair you and your family have. | Joe Wicks  Expressive art and design  1  Today we will be thinking about different patterns and prints we can make using different objects.  If you have any left over fruit that you will not be using and some paint, have a go at printing using different fruits.  If you don’ have paint but you have food colouring you can mix a small amount of flour and water together with the food colouring so it’s a very wet consistency and try painting with that. Can you make a pattern?  What do you notice? If it is an apple can you see the seeds?  An orange/tangerine can you see the segments?  2  Egg box caterpillar,  Can you make a caterpillar using an egg box and some resources from the garden/park or from around your house? Glue on some eyes and antenna and legs.  3  Well being activity  Make a fruit pizza, using a biscuit as a base and then adding on top your favorite fruit, I like using strawberries and grapes.  Have fun. |